



The Scribe

St. Paul UCC

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(847) 358-0399 www.stpaul-ucc.org

November 2015 Edition

Monthly
Newsletter

Pastor's Pen...

November brings with it the annual question that our culture still allows to be asked: "*What are you thankful for this year?*" What follows is often a listing of those people, circumstances, and things in our life that we are (rightly) thankful for: Family, health, job, finances, etc. What often does *not* follow, however, is a naming of *who* we are thankful *to*.

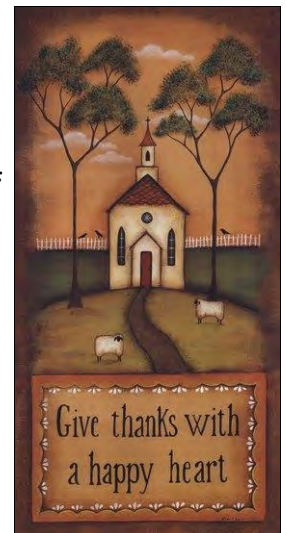
That would be the question the Body of Christ should ask the world around us: "*Who are you thankful to?*"

Revisionist historians have suggested that the gathering of the Pilgrims with the Wampanoags for a time of celebration was actually a gesture from the Pilgrims *to* the Native Americans; it was the Pilgrims giving thanks *to* the local Wampanoag tribe for bailing them out of trouble. While there is more than a kernel of truth to that, we do need to see the nuance here: The Pilgrims were making a gesture of appreciation, neighborliness, and friendship to the Wampanoags because the latter had indeed rescued the former from a tight spot. However, the Pilgrims still recognized that it is from God whom all blessings flow. Those festivities in Plymouth, Massachusetts in the autumn of 1621 were ultimately about giving thanks to God the Creator.

It is good for us to appreciate those people who make our own lives worth living; who bring a dimension of quality to our days, raising them above the level of mere existence. It is good that we should share time and table with them, enjoying the fruits of our labors and sharing those fruits among our loved ones. As we do so, however, let's not lose sight of the piety held by our Puritan forefathers and foremothers. They still gave due honor to God, and so should we.

Happy Thanksgiving!!

Pastor David



St. Paul UCC Executive Board Members: Bernadette Chvoy, Randy Everett (Admin. Board Rep.), Kim Ferris, David Freeman, Arlene Kraus (Spiritual Life Board Rep.), David Mercer, and Chuck Oberly (Admin. Board Rep).

Water: God's Gift for Life



We continue our quest to educate ourselves and become more aware of the water crisis around the world.



The mission of is a world where everyone everywhere has safe water, sanitation and hygiene. Learn more at WaterAid.org and following worship, and explore your water footprint!

Church World Service Hygiene Kits

The UCC and Church World Service are celebrating 50 years of faithful service together.

Brushing teeth is a daily routine most of us take for granted, but not 7-year-old Mohammed, who has been living in a tent city where water can be scarce. After an earthquake that flattened his hometown, Church World Service provided refugees with shelter, water, sanitation, schooling, CWS Hygiene kits and medicine. In the face of natural disasters, violence or grinding poverty, Hygiene Kits can mean the difference between sickness and health for struggling families.



We invite you to donate the materials listed below so we can assemble CWS Hygiene Kits for people all over the world facing disasters, including in the United States, of all genres that have destroyed their homes, lives and communities. The contents all require **water** which is essential for personal care. Each kit will be packed into a gallon Ziploc bag and then we will ship all of the kits we assemble, along with \$2 per kit to cover the cost of CWS shipping it to those facing a disaster somewhere in the world. Any excess funds over the \$2 per kit will be used to purchase items to complete kits we do not have the complete list of materials for, and the rest sent to CWS. The Hygiene Kits are not to contain toothpaste as CWS purchases toothpaste with extended expiration dates and inserts it into each bag just prior to shipment.



HYGIENE KIT CONTENTS:

Hand towels measuring approximately 16" x 28"
(no fingertip or bath towels)

Washcloths

Wide-tooth combs

Nail Clippers

Bath-size bars of soap (individually boxed)

Toothbrushes (singles in original packaging, not multi-packs)

Standard-sized Band-Aids

Gallon Zip lock bags to pack each kit in

\$2.00 per kit to ship it to a disaster site around the world

The Hygiene Kits will be assembled on Friday, November 13 beginning at 7:00 pm at a Wine, Cheese and Hygiene Kits event for all adults in the congregation.

The Water Team thanks you for your generosity. Please place all donations in the box in Fellowship Hall. Please place monetary donations in an envelope labeled CWS Hygiene Kits and give it to a member of the Water Team, or leave it in the office.

Wine, Cheese and Hygiene Kits: All St. Paul adults are invited to enjoy each other's fellowship with wine and cheese as we assemble the hygiene kits for Church World Service. When: Friday, November 13 at 7:00 pm; Where: Fellowship Hall.

What to bring: A bottle of your favorite wine to share and cheese/crackers or an appetizer, AND items from the CWS Hygiene Kit list if you wish

Who: All St. Paul adults PLEASE SIGN UP IN FELLOWSHIP HALL SO WE KNOW HOW MANY TO PLAN ON
Celebrating 50 years of faithful service together: UCC and

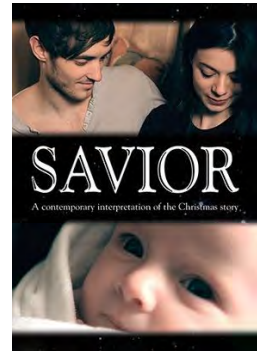


Questions? Contact the St. Paul Water Team: Holly, Janet, Mary or Kim. Thank you!

St. Paul Movie Night, Thursday, December 10th featuring the movie *Savior*.

What would it look like if Jesus were born in the 21st Century?

Savior is a contemporary interpretation of the Christmas story set in modern England. Mary and Joe are working class twenty-somethings planning their wedding and trying to make ends meet.



Everything changes when a supernatural visitor announces to Mary that she will bear the Savior of the world! This reverent contemporary treatment of the Christmas story gives a fresh perspective on the reality of Jesus' coming. You will be laughing one minute and moved to tears the next as you watch this story translated into present-day culture.

The film was written, directed, and produced by Freedom Church, Hereford, England. The actors are all from the church, and the original soundtrack was also written and produced by church members.

Please join us for pizza at 6pm, and the movie beginning at 7pm.

RSVP is appreciated, but not necessary, (so we know how much pizza to order) to the church office by Sunday, December 6th. Thank you!



"Journey To Christmas"

Follow the journey of five diverse people as they experience the Holy Land for the first time. Their goal? To discover the true meaning of Christmas.

Join with Pastor David through four DVD-based sessions that show how the Nativity story became a real story for these five people.

Monday November 30th -- 10-11am & 7-8pm "Following the Star"

Monday December 7th -- 10-11am & 7-8pm "Angelic Announcements"

Tuesday December 15th -- 10-11am & 7-8pm "The Trip To Bethlehem"

Tuesday December 22nd -- 10-11am & 7-8pm "Shepherds, Wise Men, and a King."



Pastoral visitation is available to those who are hospitalized, temporarily laid up at home, or going through rehab at a facility. Because hospitals and other institutions do not notify the church when a patient is admitted, we need for you or your family member to notify us. We will be more than happy to accommodate your request for pastoral care. Please note also that the pastor may be reached for emergencies at [\(847\) -963-6114](tel:847-963-6114) (home) or [\(847\) -445-7248](tel:847-445-7248) (cell phone).

Pastor David's procedure in visiting St. Paul's shut-ins, as well as, those members who have a difficult time getting to church is to offer support, bring Holy Communion (their option) and to let them know we journey together in worship. Pastor David understands that scheduling may depend on frequency of doctor's appointments or the church member's schedule. Visitation is always available, however, as the shut-in member's health and life situation may change and more extensive pastoral care is needed. Any church member or their family member desiring more frequent pastoral visitation, or to be placed on the visitation list in the first place should contact the church office at [\(847\) - 358-0399](tel:847-358-0399) to make arrangements.

"Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord." (James 5:14)

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MARK YOUR CALANDERS!

On November 8th the Health Committee has invited Rose Jensen to speak with us on the subject of "Aging." She is a community health nurse at Northwest Community Hospital. "Aging" is something we all do, but how we do it can affect our lives in many different ways. Are you noticing a few more aches and pains lately? Has your vision and hearing changed? Have you given up some of the activities that were meaningful for you in earlier days? Are these changes causing frustration, anger, fear, anxiety?

Perhaps if we can develop some coping skills to help with these life changes they will be a little easier to manage. Rose will try to give us some information to aid us on this journey. We would also like to discuss what coping skills others in the congregation have used. How can we embrace the journey beyond youth?

Please join us on November 8th after the service in the conference room. Sharing the journey with each other can be a positive experience.





Happy November birthdays!

1 Jackie Schultze	20 Robert Anderson
3 Michael Kerlin	22 Christina Ferris
6 Jimmy Vogt	23 Carol Hannah
8 Sally Graf	28 Greg Mayer
19 David Graham	
19 Randy Cichon	

If there is anyone I missed, please call the church office, so we can update our records. Thank you!



Mary Ann Leseberg in memory of Margaret Gintz



Thank you to everyone for the cards and well wishes after my surgery. -Sandy Chesny

Thank you ever so much for cards, notes, prayers, and calls during Wally's long recovery from heart surgery. It was because of these, I'm convinced, that he is going to be alright. Thanks again for the power of prayer. -Jan Degner



**Totenfest
Sunday, November 22nd**

St. Paul will remember and celebrate the lives of the faithful members and loved ones who have died in the past year.

Totenfest is a German word that means “Festival for the Dead”; this memorial has roots in All Saints and in All Souls days from the medieval church. At this service of remembrance, a candle will be lit as the name of each person is read, celebrating the life of the loved one who passed away in the past year.

Should you wish to remember someone who was not a church member, and has passed away in the last year, please complete the printed forms available in the Narthex, or call the church office, so that their name can be included in the worship service.

Please have the completed forms to the church office by Sunday, November 15th. Thank you!

**Thanksgiving Eve Service
Wednesday, November 25th**

Take a few minutes from your busy Thanksgiving preparations to join in worship on Wednesday, November 25 for the 7:00 pm Thanksgiving Eve Service. Bring your neighbors, visiting relatives and friends as we gather together to thank the Lord for his blessings. Please join us for pumpkin pie, following the service. Just a precursor for your Thanksgiving day feast!



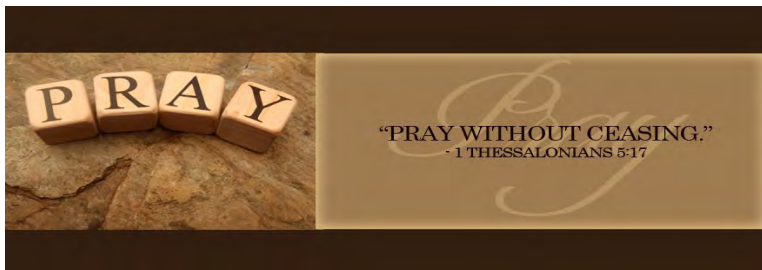
St Paul Deck the Halls

One again we will be transforming our Sanctuary and Fellowship Hall for the Christmas Advent season. It’s a great way to celebrate the beginning of the holiday. Please watch for more announcements in the upcoming Sunday bulletins regarding this event to be held on Saturday, November 28th at 9am



*Advent Family Gathering
Sunday November 29th Following worship*

*Lunch will be served
Please R.S.V.P. to the church office by Wednesday November 25th*



**PRAYERS FOR OUR
COMMUNITY OF FAMILY
AND FRIENDS**

Eva Balogh
 Dr. Sean Benham
 Charlie Betzhold
 Jim & Flo Dailey, friend of Charlotte Mally
 Wally Degner
 Marta Davy, friend of Greg & Claudia Mayer
 Lindsey Demos
 Capt. Mark DeMuth MD., cousin of Linda Hayford
 James Dickson, family member of Randy Cichon
 Rich Elliker, uncle of Bruce Kerlin
 Joe Enockson
 Eric Gehlin, friend of the Drost Family
 Laura and Bob Giltzow
 Francisco Gomez, friend of Bob & Pat Kolze
 Austin Hayford, grandson of Ralph & Linda Hayford
 Rudy Hempel
 Carol Hennings, sister of Pat Kolze
 Larry Herron
 Jeff Johnson
 Barbara Kerlin, mother of Bruce Kerlin
 Charles Leseberg, brother of Mary Ann Leseberg
 Dorothy Mende, sister of Charlotte Mally
 Caelen Peshek, friend of Kris Freeman
 Dorothy Regan Drake, friend of Bob & Pat Kolze
 Barb Slone, friend of Mary Faust
 Sherry Stephens, sister of Shirley Ann Kolze
 Karen Stencil, niece of Greg Mayer
 Trish Vanderploeg, friend of Kim Cichon
 Fran Werner, sister-in-law of Sharon Florey

**SERVING CHRIST
IN WORSHIP**

Greeters for November:

1: Linda & Ralph Hayford
8: The Chvoy Family
15: The Graham Family
22: Jim & Shirley Schimka
29: Kim Ferris

November Usher Captain:

Ron Bochat

November Nursery Attendant:

Carrie Kerlin

November Readers:

1: Tom Donat
8:
15: Melissa Gumm
22: Debbie Everett
29: The Gumm Family

November Lectionary:

1: Ruth 1:1-8; Psalm 146; Heb 9:11-14; Mark 12:28-34.
8: Ruth 3:1-5,4:13-17; Psalm 127; 1 Kings 17:8-16; Psalm 146; Heb 9:24-28; Mark 12:38-44.
15: 1 Sam 1:4-20; 1 Sam 2:1-10; Daniels 12:1-3; Psalm 16; Hen 10:11-125; Mark 13:1-8.
22: 2 Sam 23:1-7; Psalm 132:1-1-18; Daniel 7:9-14; Psalm 93; Rev 1:4b-8; John 18:33-37.
29: Jer 33:14-16; Psalm 25:1-10; 1 Thes 3:9-13; Luke 21:25-36.



Reducing your risk of breast cancer

Breast cancer is deadly: it is the most common type of cancer suffered by women and the second most common cause of female cancer deaths in the U.S. While breast cancer can happen to anyone, there are several things that women can do to reduce the risk of the disease.

Talk to your doctor about mammograms. While routine mammograms are generally only recommended for women over the age of 40, doctors sometimes recommend them to younger women who are at greater risk for the disease. These women include those who have certain genetic markers or a strong family history of breast cancer. Cost should never be an issue. Insurers are required to cover mammograms, and programs exist that help uninsured women get the breast cancer screening that they need.

Exercise! Researchers have observed a correlation between women who get regular physical activity and lowered breast cancer risk. The amount of exercise required can be as little as 75 minutes a week.

Maintain a healthy weight. Being obese or overweight is a risk factor for breast cancer. Talk to your doctor or a registered dietitian about developing a healthy eating plan and reasonable fitness goals.

Reduce your alcohol intake. Women who have two or more drinks a day have an increased risk of breast cancer. The American Cancer Society recommends that women limit their alcohol intake to no more than one drink per day.

Discuss hormone replacement therapy with your doctor. In 2002, researchers connected hormone therapy with an increased risk of breast cancer. Your doctor can make recommendations based on your symptoms and other risk factors.

Women who have a very high risk of breast cancer may choose more serious preventative measures, such as surgery to remove the breasts and/or ovaries, as well as drug therapy. These options are not suitable for most but may be a lifesaver for women whose genetics place them at strong risk for the disease.

Breast cancer and family issues

When a woman has breast cancer, she often struggles with multiple issues, including physical recovery, managing treatments, emotional stress and self-esteem. These struggles can also have an impact on the cancer patient's family.

Knowing about these struggles and getting help are important for supporting both the cancer patient and family members. Hospital social workers, advocacy groups and faith communities can all do their part in identifying and providing resources to families in need.

Here are some common issues for families where one or more members are undergoing treatment for breast cancer:

Emotional shock and grief: Learning of a loved one's diagnosis can be traumatic. Family members may need emotional support as they come to terms with the news that a family member has breast cancer.

Children may find a parent's illness extremely distressing. Mental health professionals, school counselors and parents can work together to ensure that children get the support they need.

Caretaker support: When someone is undergoing cancer treatment, she will often rely on family members for caregiving. In some cases, family members may find caregiving to be difficult and perhaps even overwhelming.

Good communication between the patient, caregivers and medical social workers can help address the patient's need for care and the ability of family members to provide it.

Concern about developing breast cancer: There is a genetic component to breast cancer. According to the Susan G. Komen Foundation, women who develop breast cancer at a young age are more likely to see another family member also be diagnosed with the disease. Family members should speak to their physicians about genetic testing and address their own risk factors.



POINSETTIA ORDERS

Please consider purchasing poinsettias to adorn our Sanctuary this Christmas season. We are again ordering plants from Kolze's Corner Gardens, our very own Bob Kolze. The 7" plants come in red, white and pink. Pre-printed order forms with payment envelopes are located in the Narthex and east entrance.. Turn in completed forms with payment to the church office by **Sunday, December 6th**. Thank you!

Altar Flower Chart

A new flower chart is now in the Narthex. We welcome you to sign up to have flowers placed on the altar for special Sundays of significance to you and your family. Having flowers on the church altar is a wonderful way to honor, celebrate or remember special persons or events in your life. We are hoping to have the chart filled for each week of the year, so that fresh flowers remain a part of our weekly service. The cost is \$27.00. Please make checks payable to St. Paul UCC. Thank you!



2016 Offering Envelopes

The 2016 Offering envelopes will be available for pick up in the Narthex during the months of November and December. If you know of someone who is unable to attend worship, please feel free to take them with you and drop them off. Thank you!



Thanks be for Christmas

Mark your calendar for Saturday, November 21, from 9 – 3, to raise funds for the new Christmas tree for the sanctuary. We are going to hold a "THANKS BE FOR CHRISTMAS" sale. Members are asked to donate gently used Thanksgiving & Christmas decorations you are no longer using to sell to the public

- * Items should be clean and in good condition. *Trees should be boxed or bound together and labeled for size. *For safety reasons we will not accept lights unless new in original package.
- *Please save paper and plastic bags for the sale, and also clean newspaper sleeves.

Donations may be brought to Fellowship Hall as follows: Sunday, November 15, before noon. Tuesday, Wednesday, Thursday, and Friday – 9 to 1. Thursday evening – 6 – 8

Set-up/item drop off will be Wednesday, 9 – 1; Thursday, 9 – 1 and 6 – 8; Friday, 9 – 1 and 6 – 8; Sale on Saturday, 9 – 3.

Sign-up sheet with shifts for helping with this fundraiser will be posted in Fellowship Hall.

To make this successful, and less stressful, we will appreciate many workers. Please save some time for this. Thank you. Cherrie Wickstrom, Gloria Helms, and Sharon Altergott

Prospect Heights Church Gift in Action

A number of years ago Prospect Heights Community Church closed its doors. They gave St. Paul \$5,000, with the stipulation that it be used for benevolence programs. We donated the first \$1,000 to Feed My Starving Children to offset the cost of the meals that we help pack.

At our October 1st Spiritual Life Board meeting, we voted to use the next \$1,000 locally. We are transferring \$500 to the Wachs fund, which the Community Outreach committee uses to help St. Paul members and Palatine residents with temporary assistance in times of need.

The other \$500 will be used to purchase gift cards through the scrip program. These gift cards will be turned over to the PFA (Palatine Faith in Action) on 12/1 and given to PATH (Palatine Assisting Through Hope) who will package \$75 worth of cards along with toiletries and deliver them to the social workers at Palatine High School. The social workers provide gift bags to the approximately 60+ abandoned youth in Palatine.

If you would like to participate in this endeavor, please purchase your gift cards through the scrip program in November, and note that you would like the gift cards to be donated to the abandoned youth in Palatine.

Thank you from the Spiritual Life Board



WOMEN'S FELLOWSHIP EXCURSION SATURDAY, NOVEMBER 14 TO CEDARBURG, WI



November 14th will find St. Paul women heading up to Cedarburg, Wisconsin to Cedar Creek Settlement, a restored 1864 Woolen Mill on the banks of the rushing Cedar Creek. Cedarburg is just north of Milwaukee. The charming restored mill building has more than 30 stores, artist studios, a winery and delightful restaurants. The shops feature antiques, fine art, pottery, jewelry, distinctive clothing and unique gift and specialty items. We will be having lunch at Cream & Crepe Cafe. They have delicious soups, salads and both savory and dessert crepes. Cedar Creek Settlement is in the heart of Cedarburg's Washington Avenue Historic District. Get a jump on your Christmas shopping, or just relax and enjoy the ambiance of Cedarburg's quaint downtown, and enjoy the company of your St. Paul friends.

Sign up in Fellowship Hall by November 8th so we can arrange car pools. Indicate if you can drive and how many will fit in your car, including yourself. We will leave St. Paul's west parking lot at 9:00 sharp—it is just under a two-hour drive—so plan to be at church by 8:50.

We will again host coffee hour once a quarter this year. Many thanks to the planning committee of Kathy Harlow, Dee Langguth and Cherrie Wickstrom. Contact Holly Petersen with questions at hpdesignsforyou@gmail.com or 847-358-8442





OPPORTUNITES TO SERVE...

St. Paul is a member of the PFA (Palatine Faith in Action) which is a group of Palatine churches determined to make a difference right here in Palatine, particularly in the areas of Youth and Hunger. We have identified a number of opportunities where you can put your faith in to action.

We are collecting gift cards that will be assembled in to gift bags and distributed to abandoned youth here in Palatine. Please purchase your gift cards through the scrip program in November. We are looking for denominations of \$10-\$25, for Wal-Mart, Target, McDonalds, Taco Bell or Subway.

We are collecting winter hats and gloves that will be donated to Palatine High School and the Community Closet at Sanborn School. Please bring your donations to St. Paul no later than Thanksgiving Eve 11/25.

Volunteers are needed to participate in the 'Blessings in a Backpack' program at both Jane Adams and Virginia Lake schools. This program provides food for students to take home on the weekend if they do not have a stable food source. Shifts are from 2:45 pm to 4:15 pm on Thursday afternoons at each of these two schools. Volunteers rotate shifts, so you don't have to volunteer every week. If interested, contact Annette Bonneville at 847-989-5064.

Winston Community School Volunteers. Palatine District 15 and Palatine Opportunity Center are starting a Community School Program Tuesdays, Wednesdays, and Thursdays at Winston Jr. High to benefit students and parents. They are looking for volunteers with skills and passions in any of the following areas: math tutoring, computer lab, piano, art, science, sports, game systems and English conversation. Math tutors are needed from 2:30-5:30pm Tuesdays, Wednesdays and Thursdays. All other volunteers are needed 4:30-6:30 pm Tuesdays, Wednesdays and Thursdays. Volunteer any day and frequency that works for you! Please contact Kathy Millin at 847-776-900 if you are interested.

Please get involved if you are able!!!





Palatine Township Adopt a Family Program

There are many low-income families in our community whose financial situations will not allow them to experience a joy-filled holiday season. You can reach out and help these Palatine families by providing them with one or more gifts for Christmas. The Adopt a Family program provides new clothing, toys, grocery store gift cards and gifts to families. Last year over 300 families received gifts through the Adopt-a-Family program, and this year the Township is expecting closer to 400 families.

St. Paul will again be adopting two small families. We will have the family information posted on the Board of Community Outreach bulletin board in GMH as soon as we receive it, most likely by November 1 or 8. Prayerfully consider signing up to provide one or more gifts for these family members to help us make Christmas a more joyful one for them. The Township is suggesting gift cards for the adult family members, and we always include grocery store gift cards for each family, as well. Please consider purchasing these and any gifts you will buy using the Scrip program so your gift can give twice—to help the family and a percentage of each Scrip sale is returned to the Wachs Fund that provides assistance to those in need in our community. **You will need to purchase Scrip gift cards for Adopt a Family November 1 or 8**, as the December distribution date will be too late.

All gifts must be brought to church by Sunday, December 6. All gifts should be labeled with the receiver's name and family number, include a gift receipt if it is clothing, and have your name on it so we can be sure to mark off the gift you delivered. All gifts should be new and unwrapped. If you would like to help wrap gifts, we would love to share your wrapping expertise! If wrapping is not your specialty, you can assist with taping! More hands make the wrapping merrier! If you purchase gift cards, please give those directly to a Community Outreach member so they don't get lost. Please label them with the recipient's name and your name, as well to help us determine if we have all of the gifts signed up for. Thank you for your generosity.

Christmas blessings to you and your family, Board of Community Outreach,

Greg Mayer, Jill Dekrell, Melissa Gumm, Holly Petersen, Darlene Vogt, Karen Wagner and Kathi Wotal

Reminder:
Thanksgiving basket donations must be brought to
church by Sunday, November 1st.
Thank you.

